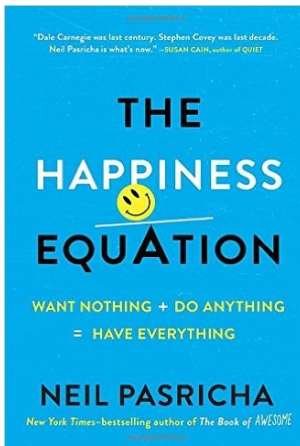


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Recommended Reading

The Happiness Equation by Neil Pasricha



“Life is so great that we only get a tiny moment to enjoy everything we see. And that moment is right now. And that moment is counting down. And that moment is always, always fleeting. You will never be as young as you are right now.”
-Neil Pasricha

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In *The Happiness Equation*, Pasricha illustrates how to want nothing, do anything and have everything. If that sounds like a contradiction, you simply haven't unlocked the 9 Secrets to Happiness.

Each secret takes a common ideal, flips it on its head and casts it in a completely new light. Pasricha then goes a step further by providing step-by-step guidelines and hand-drawn scribbles that illustrate exactly how to apply each secret to live a happier life today.

Controversial? Maybe. Counterintuitive? Definitely.

The *Happiness Equation* will teach you such principles as:

- Why success doesn't lead to happiness
- How to make more money than a Harvard MBA
- Why multitasking is a myth
- How eliminating options leads to more choice

The Happiness Equation is a book that will change how you think about everything your time, your career, your relationships, your family, and, ultimately, of course, your happiness.

